

# JOURNAL

Fall 2021

Hawaii Dental  
Association





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# TABLE of CONTENTS

14

ADA 2021 House of Delegates



18

HDA House of Delegates November 2021



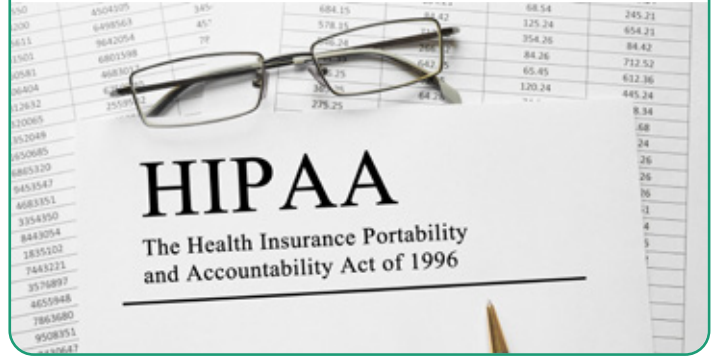
20

Dr. Kathleen O'Loughlin



24

Importance of HIPAA Compliance



- 5** Letter from the President
- 7** Letter from the Executive Director
- 9** HDA Corner
- 12** Follow Your Foundation

- 14** Meetings & Conventions
- 20** Member Spotlight
- 22** Government Relations
- 24** Risk Management

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# Hawaii Dental Association JOURNAL

Fall 2021

## Editor

Dr. George Wessberg

## Contributing Authors

Dr. Gary Yonemoto, Dr. Edmund Cassella, Dr. Curt Shimizu and Dr. Carla Fukumoto, Dr. Candace Wada, Ms. Melissa Pavlicek and Mr. Danny Cup Choy, and Compliancy Group

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Dr. Neil Nunokawa	Delegate (2021)
Dr. Curt Shimizu	Delegate (2023)
Dr. Patsy Fujimoto	Alternate Delegate (2021)
Dr. Christopher Lee	Alternate Delegate (2021)
Dr. Dayton Lum	Alternate Delegate (2021)

## Staff & Contact Information

Ms. Kim Nguyen, Executive Director

Ms. Antonia Perez, Membership Services Manager

Ms. Rachelle Teruya, Projects Coordinator

Phone: (808) 593-7956 | Toll-Free: (800) 359-6725

Fax: (808) 593-7636

Email: [hda@hawaiidentalassociation.net](mailto:hda@hawaiidentalassociation.net)

Website: [www.hawaiidentalassociation.net](http://www.hawaiidentalassociation.net)

## Advertising Contact

Grandt Mansfield, LLM Publications | Phone: (503) 445-2226 | Email: [grandt@llmpubs.com](mailto:grandt@llmpubs.com)

## Designer

Benjamin Caulder, LLM Publications | Email: [ben@llmpubs.com](mailto:ben@llmpubs.com)

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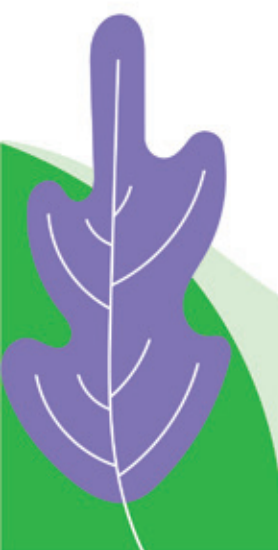


**SOPHIA OAK** \$10,000  
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Oral Health



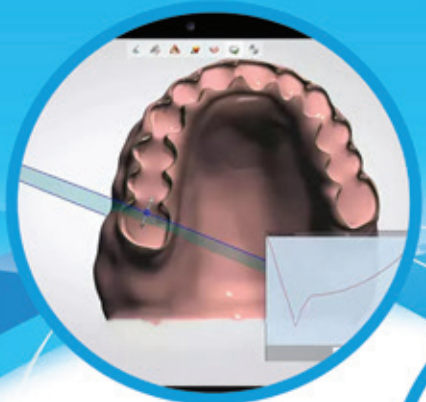
**LAYKE YAMAUCHI** \$10,000  
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*HDA President*  
Patsy Fujimoto, DDS

## Every Ending Is Just a New Beginning

The November House of Delegates and the election of new officers for the association brings to an end my term as your president. But even as my term ends, it is a beginning. There are new beginnings for your newly elected officers with all the promises and challenges that lie ahead. I thank you all for the support you have shown me and the association. I sincerely hope that you, as the membership, will continue your support that you graciously extended to me to your new officers, as well as the HDA staff and our myriad volunteers.

In July, the BOT embarked on the first refresh of the strategic plan. The past four years, and the challenge of COVID-19, certainly colored our deliberations, but also allowed us to focus on areas of concern for the association.

I have tried to base my presidential messages on the pillars of our strategic plan. I believe our plan gives meaning and substance to the work of the association, as well as guiding our leadership to do the best for our members. The second pillar of the original and current strategic plan is community. Community falls within two different areas:

The Hawaii Dental Association Foundation embodies the philanthropic side of dentistry. Currently, the foundation's two main efforts are their very successful Give Kids A Smile (GKAS) events, and now GHAS (Give Hawaii A Smile). I know they would like to do more, and they could certainly use our members' financial as well as volunteer support. More donation funding will further the Foundation's work. You may also consider giving unrestricted donations that will ensure the longevity and continuity of the foundation. On your upcoming dues statement, there is a line item to allow you to

donate—please do so at a level that is most comfortable for you.

The second area of community is our participation within our community as a whole, and with those community groups that have an interest in oral health issues. Ongoing communication between the association and these communities of interest can only result in better solutions to the dental issues in our community. I believe we can work together. Only by working with the community can we accurately assess their dental needs and find workable solutions to dental disease.

Both visions of community help us to embody the best that dentists and dentistry have to offer—our desire to help and our desire to heal. I hope that community engagement in both areas will grow and flourish over the coming years.

The BOT added a fourth pillar to the plan in July—administrative—to its list of planning objectives. This encompasses three areas: sustainability, leadership, and governance. The board will be working with the financial program to resolve the issues with the HDA building and look for other avenues of non-dues revenue. Leadership will look at growing involvement in our officership as well as volunteers. Governance has been tasked with creating a governance manual to guide the association forward. All of these are lofty goals and I ask that if called upon to help support these efforts you will respond positively. It will take the whole association to move us forward.

Our refreshed strategic plan and our new officers are the new beginning. Please help us achieve the goals of your new plan for the advancement of our association and the dental health of the people of Hawaii. 🍷



There are new beginnings for your newly elected officers with all the promises and challenges that lie ahead.



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 Washington  
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HDA Executive Director  
Kim Nguyen, MSW

## Fall Reflections

The last *Journal* of the year is always a reflective one for me. We are nearing the end of what was our recovery year, and what a year it was:

- We started off the year rolling out the vaccine—I know that was rough in the beginning but thank you to those who were patient with us as we worked really hard to get information and details from the healthcare system, counties, and the state.
- We had to deal with return-to-work, travel policies, and possible vaccine mandates. (We continue to get clarification about such mandates and the possibilities of our members implementing such mandates.)
- We pushed out three PPE distribution events for Honolulu dentists, and one each for Maui, Kauai, and Hawaii counties. They aren't the PPE one would necessarily order for one's office, but we hope they helped you get through these challenging times.



At the end of the day, all we have is each other and that we depend on one another. And that means, taking care of one another and being kind to each other.

All that makes me wonder what will 2022 look like. At this point ... insert the “who knows?” emoji!

The worldwide impact of COVID, our individual and community responses to it, and our behavior towards one another simply serve as reminders that no matter who we are or what we do, we are all part of the greater whole. It shouldn't take a pandemic nor the recovery to it, to remind us that at the end of the day, all we have is each other and that we depend on one another. And that means, taking care of one another and being kind to each other.

I've also just returned from the ADA Convention in Las Vegas, now rebranded as SmileCon, with our ADA Delegation. I appreciate all the safety measures the ADA took (whether or not one agrees with them), but these little inconveniences (mask wearing when not eating/drinking, completing a daily health survey) are minor compared to the inconveniences of contracting COVID and taxing our healthcare system. I won't lie though—traveling again and seeing familiar faces and meeting new colleagues—almost felt... well... human!

So, as we enter the holidays, I wish all of you not just happy and safe times with friends and family, but I ask that as we enter 2022 still in the midst of this recovery, that you remain patient and thoughtful with each other. We'll see you in 2022! 🍷

A handwritten signature in black ink that reads "Kim Nguyen". The signature is fluid and cursive.

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# 2022 HDA Meeting Calendar

All HDA Members Welcome at All HDA Meetings

## Board of Trustees

8:30am–1pm

via Zoom (unless otherwise noted)

Thursday

February 10, 2022

May 12, 2022

July 7, 2022

September 29, 2022

## Executive Council

6:30– approx 8:30pm

via Zoom (unless otherwise noted)

Wednesday

January 12, 2022

March 16, 2022

April 6, 2022 (as necessary)

April 27, 2022

June 22, 2022

August 10, 2022

October 26, 2022

## House of Delegates (HOD)

Sunday, November 20, 2022

HOD Reference Task Force (RTF)

TBD



## Conferences & Events

**2022 Hawaii Legislative Session Opens,**

Wednesday, January 19, State Capitol, Honolulu, HI

**HDA 2022 CE Series,**

January 27, Hawaii Convention Center; others TBD.

**ADA Presidents-Elect, Management, and Membership Conferences: TBD**

**Western States Presidents Conference**

July 28–30, Seward, AK

**ADA 14th District Caucus I: TBD**

**ADA New Dentists Conference: TBD**

**ADA “SmileCon” Annual Session and House of Delegates**

October 13–17, Houston, TX

Dates/times subject to change. Please call to confirm attendance. If you would like to add your event, please contact the HDA office.



## E Komo Mai! New Members

Grace Yeeun Chang, DDS

Christopher Chuck, DDS

Kaeo Everett, DMD

Miriam Gonzalez, DMD

Nicole Koochi, DDS

Seokhoon (Henry) Lee, DDS

Tiffany Lewis, DDS

Briley Moates, DDS

Tyler Morgan, DDS

Rohinton Patel, DMD

Alden Wong, DDS

Thomas Yamamoto, DDS



## In Memoriam

Craig Kimura, DMD

# Friendly Reminders!

By HDA Staff

The year 2021 is renewal year for dental licenses! You should have received a reminder from the state's Professional and Vocational Licensing (PVL) department. If not, or if you have questions about license renewal, please visit <https://cca.hawaii.gov/pvl/boards/dentist>, or call PVL at (808) 586-3000, or the Board of Dentistry at DCCA-PVL; (808) 586-2702, [dental@dcca.hawaii.gov](mailto:dental@dcca.hawaii.gov). Our HDA office can hold copies of any CE certificates you received from attending any CE courses for safekeeping. However, we do not renew for you, nor do we submit any of your paperwork.

As 2021 ends, HDA will be sending out dues renewals for 2022. Please watch for these invoices in your snail mail and emails. Starting in 2022, we are offering auto-renewal, which is optional and you can cancel at any time. We hope this will make renewing your dues simpler, and we look forward to your return as an HDA member in 2022!

As you saw in your emails and again in these *Journals*, we are not holding our traditional two-day convention in 2022. Instead, we are hosting a series of CE courses starting with January 27, 2022 at the Hawaii Convention Center. Yes, we will be in person that Thursday,

with three speakers on periodontics, ethics, orthodontics, and a handful of exhibitors. Look for the flyer in this *Journal* and in your emails, to register. Per Oahu Mayor's Executive Order 2021-16 (at the time of this article), all attendees must show proof of full 100% vaccination or negative test result within 48 hours (no at-home test kits allowed).

The HDA Office will be closed for Thanksgiving, the day after Thanksgiving, Christmas Eve, and Christmas Day. Feel free to always drop us an email, though—we can respond faster that way.

With aloha, and happy holidays! 🍷

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# Your Foundation on the Move

By Dr. Gary Yonemoto, Hawaii Dental Association Foundation President

Governor Ige just announced a “loosening” of our COVID restrictions which makes me cautiously optimistic that the end of the pandemic is reachable! To use a sports analogy, we are in the fourth quarter on the 1-yard line ready to score the winning touchdown.

There is no question that the past two years have been difficult for all the HDA members and their families. As well as for the entire population of our state. Therefore, it should be no surprise that during a “down economy with COVID fears” that it has been a hardship for all charities and foundations. Therefore, the past two years have also been a

“challenging time” for the Hawaii Dental Association Foundation. Yet, we need a strong foundation *now* more than ever. Why is that? The foundation’s mission is to help improve the oral health of our community and not improve the “lives” of our HDA member dentists. It was not unusual for many people in the community to give a low priority to their oral health. Visiting the dentist was a financial hardship as well as a health risk. The good news is that even in the most severe COVID times, the HDAF has engaged in grant giving to other 501C3 organizations involved with oral/dental health. The foundation has also provided dental health

education to the young children and to our senior kupuna. Through our program “Give Hawaii A Smile,” donations of oral hygiene kits have also been donated to those in need.

Currently, the HDAF board only sees these demands growing. The members of the HDA/HDAF have been so generous in their volunteerism and with their donations. They don’t do this just for a tax deduction, but for their commitment of “giving back” to the community at large to help improve their oral health.

We have to remember that the HDAF is only four years old. This is very young in foundation years. Do we need to grow? *Yes!* Are we satisfied with our current activities? Yes, but we need to always re-evaluate as our state normalizes. The HDAF took the first step toward internal re-evaluation by developing a new three-year strategic plan that takes effect in 2022.

Our financial base is “stable,” but we need to expand to have a strong foundation. 30% of our membership have donated at various levels. While this is a good start, we know we can do better. Our fund development committee, chaired by our treasurer, Dr. Jeff Sonson, is currently hard at work to develop avenues to help raise donations from within the Hawaii Dental Association and from outside sources. The HDAF hopes to roll out these avenues sometime in 2022. Stay engaged!

In closing, the foundation board wishes to thank everyone for the generous donation of their time and pledges in 2021. The HDAF is looking forward to a great 2022. We have a bright future! 🦷

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# HDA Delegation Attends the ADA 2021 House of Delegates

By Dr. Edmund Cassella, ADA Sr Delegate

The American Dental Association held its 162nd Annual Meeting, now called SmileCon, at the Mandalay Bay Resort and Casino Convention Center in Las Vegas, Nevada from October 11–16. SmileCon proved to be a successful return to in-person meetings, after last year’s virtual meeting due to COVID-19 restrictions. However, we are currently still navigating our way through the COVID-19 pandemic, and the ADA made some changes to make the meeting as safe as

possible. This included mandatory vaccination or daily COVID testing in addition to adequate social distancing and mask wearing. With everyone wearing masks, it was challenging to recognize friends and colleagues as we passed one another.

SmileCon was presided over by ADA President Dr. Daniel J. Klemmedson, our former District 14 Trustee. High-level discussions this year centered around the ADA’s COVID response; unity, membership diversity, and

inclusion; increasing the ease of accessibility to member benefits; and advocacy relating to the proposed Medicare dental benefit. These themes were echoed in speeches given by outgoing Executive Director Dr. Kathy O’Loughlin, candidates for ADA President-Elect and Vice President, as well as the incoming ADA Executive Director Dr. Raymond Cohlma. Those themes also permeated the reports and resolutions that we read, discussed, debated, and voted on.



*Drs. Patsy Fujimoto and Curt Shimizu; Ms. Kim Nguyen; Drs. Neil Nunokawa, Edmund Cassella, Chris Lee, Dayton Lum, and Scott Kanamori join ADA 2021-22 President Dr. Cesar Sabates (center) at the ADA 2021 House.*



The House of Delegates was presided over by Speaker Dr. W. Mark Donald and met Wednesday afternoon and all-day Saturday, starting at 6:30 am with the election of officers. This year's election was won by President-Elect Dr. George Shepley from Baltimore, MD, and Second Vice President Dr. Mark Bronson from Cincinnati, OH. Dr. Ted Sherwin was unopposed for a second term as Treasurer. Dr. Klemmedson presided over the installation of the newly elected officers and our newly installed ADA President, Dr. Cesar R. Sabates from FL. Dr. Sabates is the 158th ADA president and the first Cuban American president. He gave a very sincere speech and gave the house a sense that he will be proactive and concentrate on protecting dentistry from excessive regulations and interference from outside influences.

The majority of delegation work involves evaluating the many reports and resolutions that are brought before the House. Most resolutions remained on the consent calendar; however, a number were pulled off the consent calendar and discussed at one of the four Reference Committee hearings held from 7:00 am to 2:00 pm on Thursday, October 14 and then at the House meeting on Saturday, October 16. The results of some of those discussions and decisions are as follows.

### **Reference Committee A: Budget, Business, Membership, and Administrative Matters**

ADA Treasurer, Dr. Ted Sherwin, remarked that the ADA is in a very strong financial position due to strong investments and existing non-dues revenue producing programs. He stated that the deficit of \$386K could

be addressed without any dues increase beyond the mandated \$9.00 increase to comply with Resolution 14H-2019 requiring a 1.5% inflationary increase. An attempt to amend Res 76 to increase the dues an additional \$4.00 to cover the \$386K deficit failed to pass.

**Res 75** established the 2022 Budget yielding an anticipated deficit of \$386K.

**Res 76** was approved 373 to 73 and established the 2022 member dues at \$582, a \$9 increase.

**Res 69** on ADA's Proposed Diversity and Inclusion Policy was overwhelmingly supported by testimony at the Reference Committee hearing and was adopted on the consent calendar.

**Res 90RC** establishes a Task Force to explore current barriers for entry into the dental profession by >>



# HDA 2022 CE SERIES

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Note that the HDA continues to monitor & adhere to changing governmental orders, for the health & safety of our members & Hawaii community. The information is subject to change.



## MEETINGS & CONVENTIONS



underrepresented populations and to develop strategies and action plans to support a more representative workforce. Findings are to be reported to the 2022 ADA HOD.

### Reference Committee B: Dental Benefits, Practice, and Related Matters

**Res 42** Amendment to the Policy Statement on the Role of Dentistry in the Treatment of Sleep Related Breathing Disorders heard significant testimony at the Reference Committee hearing and again at the House.

**Res 42RC** resulted and was amended on the House floor to change CPAP to PAP for increased inclusion. 42RC also placed sleep monitors within the dental practice as armamentarium and

further established the relationship between the dentist and the sleep physician needed to diagnose and treat sleep disorders.

**Res 43** proposed ADA Policy on the use of Augmented Intelligence in Dentistry. The ADA supports using AI as a tool to supplement the dentist's clinical judgement rather than a technology to replace or override it. This is an introductory policy statement and guide for future reference as AI capabilities expand and become more relevant in many aspects of practice.

**Res 63** Proposed Policy for the Elimination of Wait Periods for Children in Dental Benefit Plans.

**Res 71** amended the policy titled Third-Party Payers Overpayment

Recovery Practices to support legislation to prevent third-party payers from unfair withholding or recoupment practices.

**Res 85RC** replaces Res 85, 85S-1, and 85S-2. It addresses the dental team workforce shortage and directs appropriate ADA agencies to distribute existing print and social media communications materials to state and local dental societies to use to promote careers in dentistry to middle and high school students. The only testimony against the resolution was due to the anticipated high cost, but it passed almost unanimously.

**Res 88RC** proposed the ADA restart and significantly promote its third-party dental insurance concierge



*Drs. Curt Shimizu, Dayton Lum, Edmund Cassella, Neil Nunokawa; former ADA Executive Director Dr. Kathy O'Loughlin and HDA Executive Director Ms. Kim Nguyen; Drs. Chris Lee, Patsy Fujimoto, and Scott Kanamori pose at the conclusion of the 2021 ADA HOD.*

service for a five year period, at which time this service can be reevaluated as a state dental association benefit. It passed in spite of the high cost anticipated.

### Reference Committee C: Dental Education, Science, and Related Matters

**Res 31** and **Res 65RC** were pulled off the consent calendar for further debate.

**Res 31** changed the makeup of the Commission for Continuing Education Provider Recognition (CCEPR) by eliminating an active member of the American Association of Dental Boards (AADB) and adding an active member of the American Dental Education Association (ADEA).

**Res 65** an Amendment of the Policy, Research Funds, heard significant testimony at the RC, but it was mostly positive, and led the RC to recommend Res 65RC which changed the resolution from A Statement on Research Funds to Research Funding Advocacy and it had two resolving clauses. On the house floor, a delegate requested splitting the Res 65RC into Res 65RC-A and Res 65RC-B. The delegate was in favor of the first resolving clause, but not the second. The house concurred and Res 65RC-A was overwhelmingly adopted (93%), while, after considerable testimony and two motions, Res 65RC-B was referred back to CSA by a wide margin (81%).

**Res 46** on Specialty Care Dentistry had mostly positive testimony at the RC and concurs with CDEL and the BOT that a feasibility study should be provided to the Special Care Dentistry Association for pursuing an accreditation process and accreditation

standards for advanced education programs in special needs dentistry by CODA. Along that vein, Res 47, 48, and 49 were sponsored by CDEL and were supported by CDEL Report 1, concerning special needs dentistry.

### Reference Committee D: Legislative, Health, Governance, and Related Matters

**Res 86** was a priority item and was intended to update and amend the ADA Policy Statement on teledentistry. The amendment sought to remove and replace language which suggests equivalency between face to face and teledentistry visits and better define patient's rights and provider licensing requirements. A significant debate took place and, in the RC, and again on the floor of the house resulting in Res 86RC in lieu of Res 86, 86BS-1 and 86BS-2. Res 86RC was passed after attempts to amend failed.

**Res 14** was amended to Res 14S-1 and again amended on the house floor with a friendly amendment and was passed. It adopted the policy of Guaranteeing Patient's Freedom of Choice of Dentists, which among other things identifies the need to advocate for full

disclosure of the restrictions of dentist choices in closed panels.

There were various other resolutions that addressed amendments of policies on military dental research, ERISA Plans, HIPAA standards, prioritization of the mental health of dentists, and adding the new dentist committee chair as a voting member of the ADA Board of Trustees.

Our delegation appreciates the opportunity to represent our members to our district and the ADA HOD. The HDA delegation to the ADA includes delegates: Drs. Neil Nunokawa, Curt Shimizu, and Ed Cassella, and alternate delegates: Drs. Patsy Fujimoto, Chris Lee, and Dayton Lum. Also in attendance were Delegation Secretary Dr. Scott Kanamori and HDA Executive Director Ms. Kim Nguyen. As a final note, these House and Caucus meetings were the last for Neil and myself after 20+ years. We have worked hard at representing the HDA to our seven-state district and to the ADA HOD, and we are especially grateful for the opportunity, but mostly, your trust. 🦷



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# HDA House of Delegates November 2021

By Dr. Curt Shimizu, Speaker of the House, and Dr. Carla Fukumoto, Secretary

Pivoting from planning an in-person meeting to a virtual one on Zoom, then back to live just a few weeks prior to the House was a challenge for the planning committee and the delegates. Thankfully, due to everyone's flexibility and commitment, we pulled off a great House of Delegates meeting. The Halekulani Hotel hosted us with excellent service and being face to face with colleagues once again was the best part of our meeting.

HDA delegates from all four counties came together on Sunday morning, November 21, to review, discuss, and approve all reports and resolutions brought forth by HDA's many committees, programs, and task forces.

Senior Delegate to the ADA Dr. Ed Cassella spoke and shared his report from the recent ADA meeting in October. This was his last meeting as senior delegate, and he thanked all those who served in the delegation over the years. He stressed the importance for members to volunteer in organized dentistry and to financially support the Hawaii and national PACs. We thank Dr. Cassella for many years of representing Hawaii on the national level.

ADA 14th District Trustee Dr. Brett Kessler made it a point to attend, even on short notice. Dr. Kessler spoke about the diversity and inclusion policy that the ADA will live by, dental insurance reform, the ADA Science and Research Institute, Bento, the ADA's app for direct reimbursement, and how dental insurance companies are using artificial intelligence to review claims. Medicare and how dentistry can be a part of it

was discussed, including the ADA's work to make sure it is beneficial to the dentist as well as the patient. He also shared that Dr. Kathy O'Loughlin, the ADA's former Executive Director, has retired, and that we have a new Executive Director, Dr. Raymond Cohlma.

Dr. Kessler was proud of the fact that Hawaii was one of two states that created a policy to stand against those in government that do not align with the ADA's core values regarding diversity and inclusion. He also shared how ADPAC has helped our profession through the COVID-19 pandemic and shared the importance of those advocacy dollars. The business part of the house went smoothly. All reports and resolutions were accepted and adopted on the consent agenda making for an efficient meeting.

A record 165 members achieved Life Member status this year; last year the ADA House of Delegates removed the 65-year age requirement.

The 2022 Budget was also approved as submitted. Treasurer Dr. Sean Holliday acknowledged that 2020 and 2021 were

unusual years, with significant uncertainties, due to the pandemic. The three main sources of income for the association being the dues, the convention, and the rent from the building, are not what they have been. The organization continues to operate in a fiscally sound manner.

After presentation by the nominating committee and voting by the delegates, Dr. Brett Kessler installed our 2022 officers, board of trustees, and ADA delegation (listed on the facing page).

Newly installed HDA President Dr. Scott Kanamori addressed the House. He shared his vision for the membership and asked for members to engage and volunteer, with the belief that shared values unify us. A tentative date was set for the 2022 House of Delegates: November 20, 2022.

We wish to thank all delegates and guests for attending and participating in the 2021 House of Delegates Meeting. A special shout out to the HDA staff for exceptional planning and coordination!

Much mahalo to all for your continuing dedication and service to HDA and the oral health of the people of Hawaii! 🦷



A record 165 members achieved Life Member status this year; last year the ADA House of Delegates removed the 65-year age requirement.





Delegates vote during the House meeting.



Drs. Scott Morita, Chris Young, and Scott Kanamori catch up.



The 2021-22 leadership is installed!



ADA 14th District Trustee Dr. Brett Kessler presents HDA Special Awards to HDA Past Presidents Drs. Patsy Fujimoto (2021) and Wayne Leong (2020).

## 2021-22 HDA Leadership

### Officers

#### President

Dr. Scott Kanamori

#### President-Elect

Dr. Norman Chun

#### Vice President

Dr. Anthony Kim

#### Treasurer

Dr. David Lum

#### Secretary

Dr. Carla Fukumoto

#### Speaker of the House

Dr. Curt Shimizu

#### Immediate Past President

Dr. Patsy Fujimoto

### Trustees

#### Trustee Hawaii Island (1st term ends 2023)

Dr. Tony Sur

#### Trustee Kauai (1st term ends 2022)

Dr. Craig Haruki

#### Trustee Maui (1st term ends 2022)

Dr. Zach Dodson

#### Trustee Honolulu (2nd term ends 2023)

Dr. Jaclyn Palola

#### Trustee Honolulu (2nd term ends 2023)

Dr. Wesley Sato

#### Trustee Honolulu (1st term ends 2023)

Dr. Derek Ichimura

#### Trustee Honolulu (1st term ends 2023)

Dr. Darrell Teruya

#### Trustee Honolulu (replacement term ends 2022)

Dr. Jeff Miyazawa

#### Trustee Honolulu (replacement term ends 2022)

Dr. Amy Ogawa

### HDA Delegation to the ADA

#### Delegate (term ends 2024)

Dr. Christopher Lee

#### Delegate (term ends 2024)

Dr. Dayton Lum

#### Delegate (term ends 2023)

Dr. Curt Shimizu

#### Alternate Delegate (term ends 2022)

Dr. Norman Chun

#### Alternate Delegate (term ends 2022)

Dr. Patsy Fujimoto

#### Alternate Delegate (term ends 2022)

Dr. Scott Kanamori

### Getting to Know Our Former ADA Executive Director

# Dr. Kathleen O’Loughlin

By Dr. Candace Wada, HDA Member

Let’s meet Dr. Kathleen O’Loughlin, our recently former ADA Executive Director. Dr. Kathleen O’Loughlin was born in Medford, Massachusetts, a suburb close to Boston. She grew up in Medford, attending Catholic schools in Medford and Arlington, Massachusetts.

She graduated from Boston University in 1973. She got married to Stephen O’Loughlin in 1974. She worked in the nursing field and did medical research at Mass General Hospital until she started dental school at Tufts University School of Dental Medicine in 1978.

Dr. O’Loughlin said, “I worked at Mass General for a woman physician and she advised me that dentistry was a better career for women because of the flexibility. My dad was a dentist, but he did not encourage me to become a dentist. I really admired him for how he took care of his patients.” At Tufts, several of her classmates were from Hawaii. She said, “I loved dental school. I was class president and valedictorian and am still close to many of my classmates from 40 years ago.” She had her first son, Stephen, the same day she graduated from Tufts Dental School on June 12, 1981 and this unique news made the newspaper!

Dr. O’Loughlin said, “When I was in dental school, there were not many women, so we had to stick together. We had to prove that we could do the work and be just as good as a man.” Contrast that to now—the majority of most graduating dental school classes are now women. In fact, Tufts admitted 75% women this past year.

After graduation, Dr. O’Loughlin went back to school at Harvard University for an MPH in Health Care Management and graduated in 1998. She said, “That program literally changed my life.”

She practiced general dentistry for 22 years in her hometown and left her practice of two partners to take a position at Delta Dental in 2001. She said, “The use of technology is transforming practices, as is data collection and instant access to information.” When asked about anything that has



*Dr. Kathy O’Loughlin with the ADA Senior Leadership Team in Hawaii.*



*Dr. Kathy O’Loughlin with several Hawaii Tufts classmates.*

not changed through the years she said, “The code of professional ethics is immutable as is the need to focus with compassion on the needs and wants of the patient. Dentists make enormous contributions to their communities.”

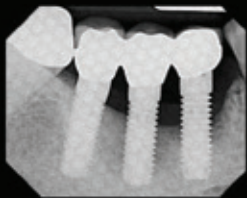
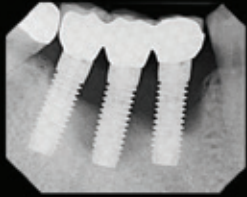
Her road to becoming involved in and committed to organized dentistry began with her volunteering her time to the Massachusetts Dental Society and playing many roles at the Yankee Dental Congress over a span of 20 years. She was working at United Health Group in 2008 as Chief Dental Officer when her husband sent her the *ADA News* which stated that they were looking to hire a new executive director. She applied and was hired in 2009 as the first female ADA executive director. She has been there 12 years which is a very long time for an executive director.

In conclusion, Dr. O’Loughlin leaves us with this timeless advice: “Never lose sight of the privilege of being a self-governing professional. We owe our success to our patients and they should always come first.” 🦷

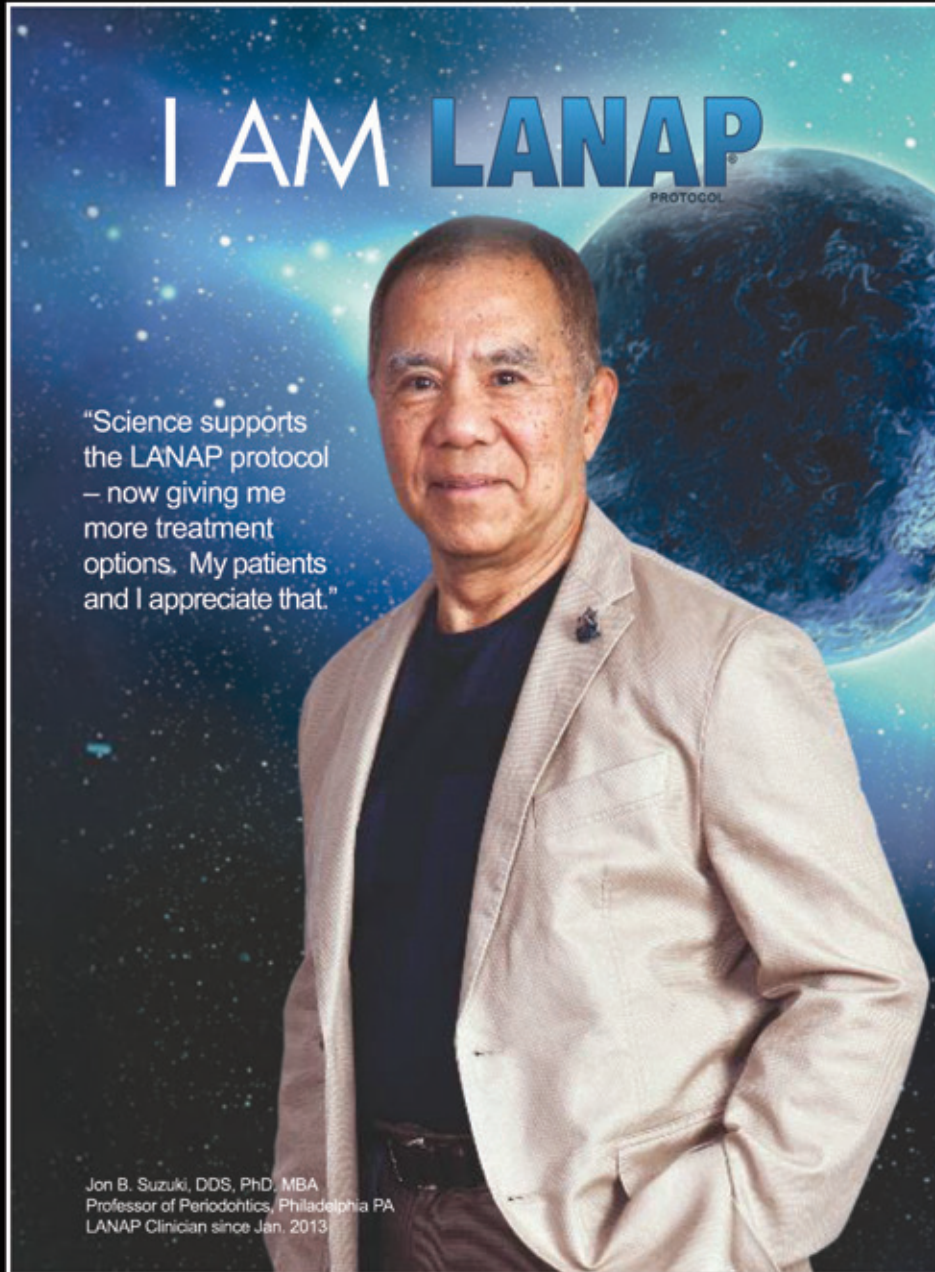
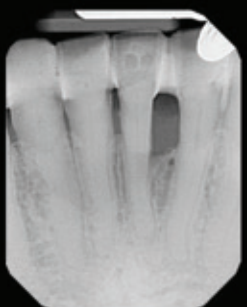
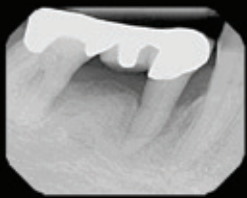


# Bone Regeneration utilizing The LANAP Protocol

All Cases treated at Periocare by Dr. Braden Seamons  
Diplomate American Board of Periodontology



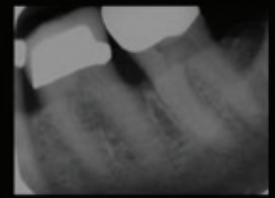
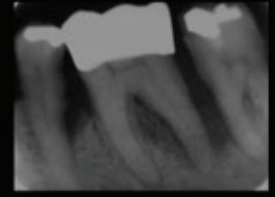
Can Address  
Cases Most  
Would  
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Hopeless



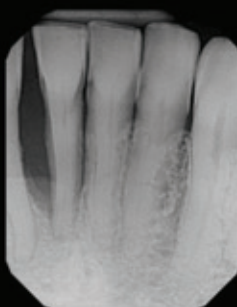
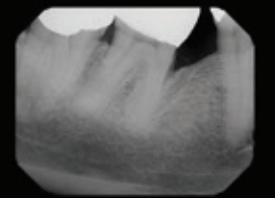
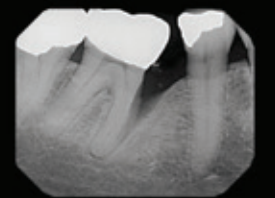
**I AM LANAP**  
PROTOCOL

"Science supports the LANAP protocol – now giving me more treatment options. My patients and I appreciate that."

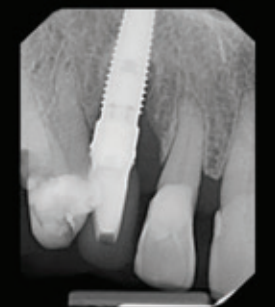
Jon B. Suzuki, DDS, PhD, MBA  
Professor of Periodontics, Philadelphia PA  
LANAP Clinician since Jan. 2013



Vertical  
Defects  
Predictably  
Resolved



Patients are  
extremely  
receptive to this  
Minimally Invasive  
Alternative to  
"Cut & Sew"







Ms. Melissa Pavlicek



Mr. Danny Cup Choy

# HDA Preps for 2022 Legislative Session

By Ms. Melissa Pavlicek and Mr. Danny Cup Choy, HDA Legislative Consultants

The 2022 legislative session is nearly upon us, with opening day scheduled for January 19. And while we are still waiting for announcements on whether the Capitol building will be open to the public for in-person meetings and testimony, we know there will be significant legislative activity next year. For context, 2022 is a reapportionment year, meaning electoral district lines have been redrawn and all 76 legislators will need to run for reelection if they want to retain their seat. This happens once every 10 years. There are typically two schools of thought for legislative sessions during elections years. One is that legislators are hesitant to pass anything

controversial and then face the voters. The other is that they have more urgency to pass meaningful legislation to show the voters that progress is being made. The reality probably lies somewhere between the two.

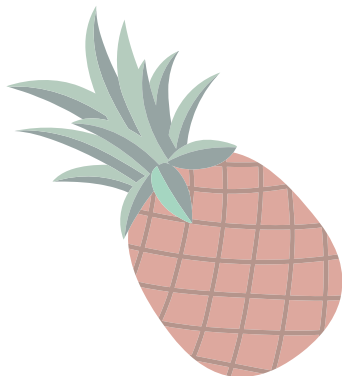
There is no shortage of significant issues legislators will be discussing during this next session. Broadly, we know that there will be debate on raising the minimum wage and instituting some form of paid family leave. In addition, hot topics will likely include increasing access to reliable broadband service, tourism management, affordable housing, and climate change. In the healthcare realm, issues related to COVID-19, telehealth, and provider shortages will be issues legislators continue to try and make progress on. Of interest, there will almost certainly be legislation attempting to create a sugary beverage tax and curb the use of vaping and e-cigarettes.

Specific to oral health, there is an effort to introduce a bill that changes the supervision requirements (in limited ways) of dental assistants who practice in public health settings. This will be a priority issue for the Hawaii Oral Health Coalition, of which the Hawaii Dental Association has been an active participant in their advocacy efforts over a number of years. Another longstanding issue we expect to return in the 2022 legislature is the restoration of dental benefits for adult



Hot topics will likely include increasing access to reliable broadband service, tourism management, affordable housing, and climate change. In the healthcare realm, issues related to COVID-19, telehealth, and provider shortages will be issues legislators continue to try and make progress on.

Medicaid recipients. This is an issue that the Hawaii Dental Association has supported and testified on over the years because of how important we know oral health is to a person's overall health. In addition to an individual person's overall health, we also know that for many families, if the parents are not receiving routine dental care, then the children are not as well. We believe the legislature is understanding and in agreement about the importance of oral health, but this issue often falls short based on budget concerns and constraints. And while the 2022 legislative session will be difficult for many issues that seek funding, we will continue to make the case that dollars spent on preventative oral health care ultimately saves the state money in the long run. 🦷



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# Importance of HIPAA Compliance for Dental Practices

By Compliancy Group

**H**IPAA law consists of a set of regulations that govern healthcare organizations, but why is it so important to comply with? Because HIPAA compliance not only ensures the privacy and security of patient information, it also protects your practice from breaches and fines, and the reputational damage that results from them.

## What is HIPAA Compliance?

To be HIPAA compliant, it is important that dental practices follow the standards set forth by the HIPAA privacy, security, and breach notification rules. The Office for Civil Rights (OCR) provides guidelines for how to comply with HIPAA standards, known as the Seven Elements of an Effective Compliance Program. The seven elements are measures that OCR has deemed essential to effectively safeguard protected health information (PHI).

### They include:

1. Implementing written policies, procedures, and standards of conduct.
2. Designating a compliance officer and compliance committee.
3. Conducting effective training and education.
4. Developing effective lines of communication.
5. Conducting internal monitoring and auditing.
6. Enforcing standards through well-publicized disciplinary guidelines.

7. Responding promptly to detected offenses and undertaking corrective action.

Failing to follow the guidelines above compromises the privacy and security of PHI and can lead to breaches and fines.

## Cost of Noncompliance

The importance of HIPAA compliance is emphasized by the cost of noncompliance. When determining the cost of noncompliance, there are several factors to consider. There are immediate concerns such as the security of PHI, and long-term concerns such as your practice's reputation.

- **Breaches:** Being victimized by a breach is more common when an organization is not HIPAA compliant. HIPAA compliance and cybersecurity go hand in hand as HIPAA requires organizations to implement advanced security measures to protect PHI. Therefore, HIPAA compliant practices are inherently more secure, aiding in the prevention of breaches. The average cost of a breach varies depending on the nature of the breach, and how many patients were affected by it.
- **Fines:** When practices are investigated by the OCR as the result of a breach, complaint, or other incident, the OCR looks for the presence of a documented HIPAA compliance program. Failing to have an effective HIPAA compliance program in place can result in HIPAA

violations and subsequent fines. When issuing fines, OCR assesses the organization's level of perceived negligence to determine the fine amount.

- **Corrective Action Plans:** The OCR also requires negligent practices to implement corrective action plans to close compliance gaps. Corrective actions can be costly to implement and are subject to approval by the OCR. Corrective actions are meant to prevent further HIPAA violations and incidents from occurring.
- **Reputational Damage:** When an organization experiences a breach affecting PHI, the breach must be reported to affected patients and the OCR. When a breach affects 500 or more patients, the breach is posted publicly on the OCR breach portal, referred to as the "Wall of Shame." With an increase in patients researching doctors before scheduling appointments, this kind of publicity could hurt a practice's chances of growing their business.

## HIPAA Resources

Need assistance with HIPAA compliance? Compliancy Group is the only HIPAA solution endorsed by the ADA and ADA Member Advantage! They help you achieve HIPAA compliance with Compliance Coaches® guiding you through the process. Find out more about the HIPAA Seal of Compliance® and Compliancy Group. Get HIPAA compliant today! 🍷

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# TMD vs TMJ

Temporomandibular Disorder (TMD) is caused by jaw, facial muscle, and joint problems. The joint responsible for chewing is called the temporomandibular joint (TMJ), and connects the temporal bone of the skull to the lower jaw.



## SCIENCE behind TMD

The muscles and bones affected by TMD

- 1** TEMPORALIS MUSCLE  
closes and retracts the mandible (jaw bone)
- 2** TEMPOROMANDIBULAR JOINT  
connects the temporal bone of the skull to the mandible.
- 3** MASSETER MUSCLE  
closes the jaw for chewing.

## TMD CAUSES



clenching or grinding teeth



day-to-day stress

**FACT:** many TMD/TMJ issues can trigger migraines and chronic headaches.

*"As a 45 y.o. mother of 3 kids - I was having pain every day for the last 3 years. Finally - my dentist referred me for Botox and it's been incredible. My headaches are gone and my jaw feels so much better in the mornings. Wearing my night guard and using Botox for TMJ has improved the quality of my life. Thank you! - A.K."*

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Dr. David Yew has over 14 years of experience using Botox to relieve TMJ symptoms while working together with dentists to protect their dental health. Botox is safely injected into symptomatic muscles (temporalis and masseter muscles) to relieve jaw pain from clenching and grinding (bruxism) while getting rid of migraines and tension headaches. Virtually painless injection with no downtime. Effects last between 4-6 months and can be repeated again safely until symptoms are gone. 100% of our patients treated have reported pain relief ranging from moderate to complete pain resolution. If they do not have any improvement - there will be no charge.



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